

AGAINST ALL ODDS
EPIISODE 17 – “SAMPLES AND SURVEYS”
TRANSCRIPT

FUNDER CREDITS

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INTRO

Pardis Sabeti

Hi, I'm Pardis Sabeti and this is *Against All Odds*, where we make statistics count.

There's no denying that Americans have a lot of opinions. Whether it's their rating of this season's blockbuster...

Satisfaction with a particular food or product...

Or whether they approve or disapprove of a piece of legislation, it seems like we're always hearing about polling results.

But, with all of these polls out there, how can you tell which ones are accurate? How do pollsters survey a population as large and diverse as that of the United States and wind up with a complete and unbiased picture of attitudes on a particular topic?

Every poll aims to reflect the opinions of a specific group of people. Sometimes the group of interest is all registered voters, or it could be people in a particular age group, or perhaps households with a certain income. In statistics, a group of all individuals who share something in common is called a population.

The characteristic of a population that we are interested in is called a parameter. For instance, if we wanted to know the average cholesterol level of all adult males in the United States, our population of interest is American men and the parameter is the mean cholesterol count. Of course it would be impossible to find out the cholesterol level of every man in America. We usually don't know the true value of a parameter since we can't examine the entire population.

We can, however, estimate an unknown parameter by taking a sample. A sample is a small slice taken from the entire population. If we calculate the average cholesterol level from a sample of American men, we identified a statistic.

A statistic is a number calculated from a sample... and if our sample is representative of the whole population, we can infer that the statistic is representative of the parameter. In our example, we assume that the mean cholesterol count in our sample is representative of the mean cholesterol count of all men in the United States.

These two numbers can often get confused, so mind your P's and S's... Parameters are for Populations, and Statistics are for Samples.

Pollster 1

From the University of New Hampshire Survey Center...

Pollster 2

This month, the University is conducting a confidential study of politics and public opinion in New Hampshire...

Pollster 3

Do you live in New Hampshire all year 'round?

Pollster 4

So are you on vacation?

Pollster 5

What is your religious preference?

Are you currently employed full-time?

Pardis Sabeti

The pollsters at the University of New Hampshire's Survey Center conduct everything from academic research surveys to political polls.

Andy Smith

We want to make sure that you really stick to the script. It's very important that you get all of the words in there exactly as they're written.

Pardis Sabeti

They know they can't contact every person within a population. So they're expert at taking samples – selecting a smaller number of people to represent the attitudes and opinions of the whole population. For their polls to be accurate, it's crucial that the sample they take is truly random.

Andy Smith

If we're doing a public opinion survey, we use random digit dialing. And what we do is we work with organizations that actually can randomly generate samples of all of the working telephone exchanges and blocks in the state. So we start with a random sample of households. There's even more to it though, because when we call a household, we're calling the house, we're not calling an individual within the house. But we can't talk to the house; we need to talk to an individual person.

Pollster 3

I also have to ask, just to randomize the surveys, so could you please tell me, of the adults age 18 or older who live in your household, including yourself, who's had the most recent birthday?

Andy Smith

That's a way of...another stage of that sampling to go from the household down to an individual level for the sampling.

Pardis Sabeti

If a pollster were to only survey a group that was convenient – say, just their friends or family – or only collected data from people who volunteered to participate – like in an online or call-in survey – that could create an unrepresentative sample and, therefore, produce biased results.

The same issue arises when a simple random sample draws from a list that excludes a portion of the population. This happened in 1936 when a Literary Digest poll predicted Alf Landon would be the next U.S. president. Their prediction was way off, since Franklin Roosevelt won the election with 62% of the vote. Why was their poll so wrong?

Well, it turns out Literary Digest drew their sample from lists of car and telephone owners—items that, at the time, were much more expensive, and therefore indicative of wealth, than they are today. The poll had effectively omitted the largely pro-Roosevelt poor from their survey, causing bias in favor of Landon. The whole population would have been registered likely voters, not just those who owned cars or phones.

Getting a representative sample is the cornerstone of accurate sampling. But just as important is carefully designing the survey itself. The questions must address the issue of interest while trying to avoid confusion as much as possible.

Andy Smith

There's an art to doing it, and a lot of it is common sense. Use simple words. Don't ask people about things that they're not likely to know about. Don't ask long questions that require explanations. Don't provide the respondent with information that you expect them to know.

Pardis Sabeti

Reputable pollsters are on guard against the problem of what they call non-attitudes, when someone might have no knowledge of the issue they're being asked about but feel pressured to give some kind of answer. Experienced surveyors work to avoid additional polling pitfalls that can influence the responses they receive.

Andy Smith

Simple things. Changing the order in which you read responses to people can change how people view, answer a question. Changing the order of questions, changing the wording of questions slightly.

Pardis Sabeti

You can see how thinking through a good survey is crucial to the process.

Andy Smith

Most people though tend to think that the data collection is the difficult part because it's technically, it's probably the most daunting if you were going to try to do it yourself. But for us that's pretty straightforward. The hardest part in survey research is understanding what are the research needs and the data needs of the client; and then at the end, after we've collected all of the data, we analyze the data and present it in a way which we believe, which I believe and my staff believes, accurately reflects the answers to the questions.

Pardis Sabeti

Remember that in a simple random sample, each individual in a population has an equal chance of being selected. This can be hard to achieve in a real life survey, though, since it can be nearly impossible to get a complete list that includes every single member of a large population to draw from.

Another way of ensuring a representative sample is by doing a multistage sample.

In this type of sampling, statisticians first begin with a random selection of large groups, and then go on to take smaller, random samples within these groups. For example, the Survey Center might begin with a random sample of counties across the state of New Hampshire. Then, they would take a random sample of towns within those counties. Finally, they would select random households within the random towns.

The problem with multistage sampling is that it could leave out groups of interest, merely by chance. To solve this problem, we move on to a third type of sample design: a Stratified Random Sample.

In this type of sample, the entire population is divided into groups with similar characteristics, or "strata."

If we take our New Hampshire example again, we might this time divide the state into strata by census tract type – rural, suburban, and urban. Then we would randomly select tracts from each stratum. By including randomly-chosen representatives from our three different strata, we make sure not to overlook residents from any of the population density types.

Polling can help us – and our government representatives – understand the issues that Americans really care about.

Andy Smith

Politicians want to make sure that they're doing what it is the public wants more or less, so they can stay in office, but also that's their job. The role of government is to try to satisfy public opinion, try to give the public what

they want as much as possible and you really need accurate information to help you make those decisions.

Pardis Sabeti

So next time you get a phone call during dinner, maybe consider taking a moment to answer a few questions!

For *Against All Odds*, I'm Pardis Sabeti. See you next time!

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