PROGRAM: 10
Harmonious Math

Producer: Sam Ward
Host: Dan Rockmore

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<table>
<thead>
<tr>
<th>Time Code</th>
<th>Audio</th>
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</thead>
<tbody>
<tr>
<td>00:00</td>
<td>OPENING CREDITS</td>
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<tr>
<td>00:40</td>
<td>HOST Waves. Lightwaves washing against our eyes creating a vision of the world around us, sound waves crashing against our ears - sometimes jarring and other times, beautiful.</td>
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<td>00:55</td>
<td>HOST Cosmic waves bathing the Universe. All of it explained, illuminated, and connected via mathematics - sometimes we call it harmonic analysis, other times we call it spectral analysis, but most people call it Fourier analysis. Of all these sensory experiences, perhaps music, more than any other, is the one that is most closely associated with mathematics. The Greeks believed that beautiful music was mathematically based music, and that there was a mystical connection between music and mathematics, that music was actually the mathematics of time.</td>
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<td>01:32</td>
<td>HOST (V.O.): Throughout history, music has been at the heart of human culture. Its origins were most likely the patterns, rhythms and tonalities of nature -- sounds adapted and organized by humans to create melody, harmony, and rhythm. Some of the earliest instruments were as simple as clapping hands.</td>
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<td>01:52</td>
<td>HOST (V.O.): But it was the ancient Greeks who first laid the foundations of our understanding of harmonics — how vibrating strings and columns of air produce overtones, which are mathematically related.</td>
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<td>02:03</td>
<td>HOST (V.O.) In fact, the word &quot;music&quot; itself derives from the &quot;muses&quot; --daughters of Zeus and patron goddesses of creative and intellectual endeavors.</td>
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<td>02:12</td>
<td>HOST (V.O.) The Greeks applied the same rigors of rational thought to music as they did to everything else. Pythagoras is said to have made the earliest acoustical observations, when he described the arithmetic ratios of the harmonic intervals between notes -- ratios which were based on the length of the object creating the sound, for example:</td>
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<td>HOST (V.O.) Octaves, two-to-one ... fifths, three-to-two ... and fourths, four-to- three.</td>
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<td>2:40</td>
<td>HOST (V.O.) For the Greeks, these arithmetic ratios held great metaphysical significance, because they believed that a single set of numbers from 1 to 4 was the source of all harmony. So, their theories about music were intricately connected to their mathematical and philosophical description of the universe: how the planets, the sun and the stars vibrated in harmony, creating a &quot;music of the spheres.&quot;</td>
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<td>03:10</td>
<td>HOST (V.O.) In the ensuing two thousand years, we’ve learned that this connection between math and music -- whether mystical, or not -- is all about waves.</td>
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<td>03:15</td>
<td>HOST Sound is simply a disturbance of air, as Pythagoras observed, a vibration, but as we now understand, a vibration that extends through space in the form of a wave.</td>
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<td>Time</td>
<td>Text</td>
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| 03:26 | **HOST (V.O.)**  
The initial disturbance can be caused by anything, and that 'anything' is called an oscillator, like a vibrating string. |
| 03:33 | **HOST (V.O.)**  
But like ripples on a pond, the sound wave spreads when molecules in the air are disturbed and themselves begin to vibrate. The vibrating air molecules, in turn, bump into other nearby molecules, causing air pressure to compress and expand. This changing air pressure creates alternating waves that extend from the source of vibration. |
| 03:54 | **HOST (V.O.)**  
If a person is in the path of the sound wave, and then the wave enters the ear, it's rapidly processed and recognized by the brain as sound. |
| 04:04 | **HOST**  
There are many different kinds of sound waves, but they all begin with a simple sinusoid... like this... |
| 04:13 | **HOST (V.O.)**  
This is a perfect A. |
| 04:14 | **HOST**  
And this, the S-curve is the sinusoid that represents the sound. |
| 04:19 | **HOST (V.O.)**  
Sinusoids are one of the simplest forms of what a mathematician would call a periodic function, which is a function that repeats over and over, or cycles through a specific period of time. |
| 04:31 | **HOST**  
We use the sinusoid to represent the periodic behavior of sound in its simplest, purest form. It's the most basic wave, moving in a simple harmonic motion, with a perfect pattern of peaks and troughs. |
| 04:46 | **HOST**  
Sinusoids are largely determined by two basic characteristics - amplitude - how high the wave goes up, and wavelength, which is the distance from trough to trough, or equivalently frequency, which is number of waves per unit length. Amplitude and frequency have immediate psychoacoustic correlates of loudness and pitch. |
| 05:08 | **HOST (V.O.)**  
As you can see, the greater the disturbance, the greater the amplitude and the louder the sound. |
| 05:16 | **HOST**  
Frequency is simply the number of waves in a given interval. |
| 05:19 | **HOST (V.O.)**  
The higher note has a higher frequency than a lower note. |
| 05:25 | **HOST**  
So frequency is a measure of pitch, and the geometry of these sinusoids explain why, when we play the higher and the lower A together, they sound good together. |
| 05:36 | **HOST (V.O.)**  
The sinusoids from each of these two notes fit perfectly inside one another. The higher A is the lower one squashed by one half! |
| 05:44 | **HOST (V.O.)**  
Of course, not all waves are perfect sinusoids. There are all sorts of waves. |
Different objects create different types of waves - therefore different types of sound.

05:55 HOST
Strings are the source of some of the most beautiful music on earth. They have so many interesting characteristics. Watch...

06:03 Sound On Tape:
The Violinist plays a note.

06:06 HOST (V.O.)
When we play different strings, we create different sounds therefore differently shaped sound waves.

06:11 Sound On Tape:
The Violinist plays different notes.

06:17 HOST (V.O.)
The same thing happens when you pluck the same string at different positions.

06:22 Sound On Tape:
Violinist plucks different notes.

06:25 HOST
Or when you play strings on different instruments.

06:28 Sound On Tape:
Each instrument plays a note.

06:37 In each case, you create different sounds, therefore different sound waves.

06:41 HOST
And when a variety of sound waves of different amplitudes, frequencies and shapes are combined, we have music.

06:49 Sound on Tape:
Quartet plays together.

07:06 HOST (V.O.)
But the music of the real world is comprised of complex sound waves -- not the simple, pure sinusoids we've just discussed. In fact, most sounds are composed of complicated waveforms -- whether we're listening to a single instrument or a symphonic orchestra. And while the Greeks may have deconstructed music into simple arithmetic ratios such as octaves, fourths and fifths, how can we mathematically understand such complexity?

06:52 HOST (V.O.):
For centuries, we couldn't. Not until the early 1800's, when the eccentric French mathematician Jean Baptiste Joseph Fourier discovered that waves can be combined and separated. It was a discovery that no one believed at first, but that changed music, and math, forever. Fourier's revelations didn't begin with music, but rather, with his investigation of heat.

07:17 HOST (V.O.):
Friend and advisor to Napoleon, Fourier is said to have become obsessed with heat while accompanying Bonaparte as chief science advisor on the 1798 military expedition to conquer Egypt. Fourier was apparently so impressed by the well-preserved sarcophagi that he kept his rooms uncomfortably hot for visitors, while also wearing a heavy coat himself. The heated problem that Fourier took on in his famous memoir, On the Propogation of Heat in Solid Objects was the problem of heating and cooling of the earth - our own cycle of
temperatures. The French mathematician developed his understanding of heat flow in terms of Newton's law of cooling that says that the movement of heat between two bodies is proportional to their temperature difference. Translating this to the infinitesimal scale of temperature differences between infinitely close positions in an object, gives The famous differential equation called the heat equation.

In Fourier's solution of the heat equation he found these periodic solutions of sinusoids, mirroring the cycle of temperatures over the year as the accumulation of periodic effects

such as the regular orbit around the sun and the daily spinning of the Earth on its axis
| 10:12 | **Rockmore:**  
|       | Let's talk a little bit about, you know, Fourier analysis of a simple function. |
| 10:15 | **Rockmore:**  
|       | Fourier is claiming -- that this thing really is the sum of sines and cosines, so I mean, how does that work? |
| 10:22 | **Stanhope:**  
|       | So you can decompose it. So you take your squiggly thing and using Fourier analysis, you can decompose it into its fundamental parts. And its parts will be simple sine waves or cosine waves. |
| 10:32 | **Rockmore:**  
|       | So Fourier analysis is almost like a prism, is the way that I like to explain it sometimes, right? |
| 10:38 | **Stanhope:**  
|       | Absolutely. Yep, yep. |
| 10:39 | **Rockmore:**  
|       | So in the sense that you can be given light, it passes through Newton's old prism there, and there you see all the components, the sort of pure frequencies of light, right? ... |
| 10:49 | **Stanhope:**  
|       | So you'll take your complicated function and, using this mathematics, pull it apart. So you might have a sine wave with a certain period as one of its fundamental parts, and then maybe a cosine with a slightly tighter -- tighter frequency on there as another fundamental part. And it'll tell you how much of each of those show up. |
| 11:06 | **Rockmore:**  
|       | What does it mean to add waves and get another wave? |
| 11:09 | **Stanhope:**  
|       | Let's start with two waves, just to make it small. So let's start with one wave that has one oscillation per unit, and let's add it to a wave that has two oscillations per unit. So we can start with those two. And so we have those two waves, how do we add them together? They're not numbers, it seems a little odd. |
| 11:24 | **Rockmore:**  
|       | And I also notice that one of them is sort of bigger than the other, is that -- is that right? |
|       | **Stanhope:**  
|       | So one of them has an amplitude of three, and the other has an amplitude of one, so one of the -- the bottom one there is going to oscillate a little bit -- with less amplitude there. |
| 11:37 | **Rockmore:**  
|       | So there are a number of parameters, actually, that we need to describe any wave, so we're going to be talking about sine waves. So our waves are pinned at one end. |
|       | **Stanhope:**  
|       | Absolutely, yes. |
|       | **Rockmore:**  
|       | And then there's the maximum height they can go to? |
|       | **Stanhope:**  
<p>|       | Yeah, so that's your amplitude. |</p>
<table>
<thead>
<tr>
<th>Time</th>
<th>Rockmore</th>
<th>Stanhope</th>
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<tbody>
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<td>Amplitude. And then there's the number of times we sort of fit it into an interval, and that's the --</td>
<td>That's your frequency, yeah, so --</td>
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<td>Rockmore: So we've got waves of different frequencies, different amplitudes --</td>
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<td>Stanhope: But both sines.</td>
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<td>Rockmore: But both sines.</td>
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<td>Stanhope: So I'll make it easy. Yeah, so let's start where they're both pinned, and we'll start adding there, because it's the easy part, right? So they're both pinned all the way on the left, so how do we add those two -- two waves together there? You just start with that point where they both start, and how high are they away from that access that they -- that they oscillate around? They're on it.</td>
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<td>12:13</td>
<td>Rockmore: They're on it.</td>
<td>Stanhope: So they're not any height. So they're both a zero value there. So add those zeros together, and that's your first point in the sum.</td>
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<td>Rockmore: Great</td>
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<td>Stanhope: And then cruise along and choose any other point on that axis that they -- that they both oscillate around, and then see the height of the first function above that point, check out the height of the second function --</td>
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<td>12:29</td>
<td>Rockmore: So those are going to be two numbers; a positive if it's above, a negative if it's below, and I'm just going to add them?</td>
<td>Stanhope: You add them together and then plot it above, yeah.</td>
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<td>Rockmore: Right. And there -- right, and so there's the sum of those two waves directly calculated beneath it. So now we're going to do it at every single point along the curves, right?</td>
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<td>12:43</td>
<td>Stanhope: Mm-hmm. And just bring it all the way across, yeah.</td>
<td>Rockmore:</td>
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Right, and there -- there we go. Wave one plus wave two is wave three.

Stanhope:
Yep. So that's how it works.

Rockmore:
All right, perfect. Perfect, so not really much different from adding numbers, ultimately

12:52 Stanhope:
Nope, there's just a lot of them, yeah.

Rockmore:
Right. Infinitely many, in fact.

Stanhope:
Indeed.

12:57 Rockmore:
So we did use simple addition on the one direction, but going backwards actually requires calculus.

Stanhope:
Absolutely.

Rockmore:
But machines do it, you know. Those are exactly sort of the machines that show us, for example, that when you hear a tone from an instrument that it's composed of particular frequencies, of particular amounts, right? And there's a fundamental algorithm which is very near and dear to me, because it's my -- it's my work, which does this, and it's called the --

13:21 Rockmore:
The fast Fourier transform which really underlies sort of all of modern digital technology.

Stanhope:
It undoes all of your odd waveforms into their component pieces, yep.

13:30 Rockmore:
And you can start manipulating the frequencies,

13:33 CYRIL LANCE:
Welcome to Moog music. We build analogue musical synthesizers in the tradition of Bob Moog, who is one of the pioneers of electronic music.

13:48 LANCE:
My name is Cyril Lance, and I'm a design engineer here. Let's take a little tour of the factory.

13:56 LANCE:
All right, here we are out on the production floor this is where we build all our synthesizers and musical equipment.

14:02 LANCE:
This is where we install all the circuit boards, and Aaron is taking our front panels and putting everything together so that we can start attaching the actual circuits.

14:14 LANCE:
Synthesizers, as we make them, are electronic instruments. And they can have the form of a keyboard, or they can have the form of just a module that can be controlled by many things – pedals, any type of input device.

14:29 LANCE: The synthesizers create sine waves.

14:31 LANCE: A sine wave is a periodic waveform and it’s really one of the pure waveforms.

14:37 LANCE: Sine waves relate to Fourier series which is a big, big deal in the kind of fusion of math and sound.

14:43 LANCE: Fourier came up with this equation that said any arbitrary function or complex waveform that varies in time can be described with a series of cosines and sines. This was a very, very powerful mathematical link at the time and it has profound effects on everything we do in terms of electronics, because basically it means that we can break down any phenomenon that we either observe or want to create in nature into a set of sines and cosines.

15:14 LANCE: Acoustic instruments typically are limited in their sound capability by the physics of an instrument. For instance, an acoustic guitar can only vibrate in certain ways, and when you hit a string, that string can only oscillate in certain modes and excite certain frequency resonances in the cavity of the guitar. Same as a violin or a base or a flute. An electronic instrument usually has a lot wider variety of expression and tones that it can get.

15:44 LANCE: This is close to a sine wave here. I’ve got a single oscillator making a periodic waveform that I can control the amplitude to, which is how loud it is - louder and softer - and the frequency of, if I play an octave down. You see the frequency is how many times per second that waveform vibrates. So in our synthesizers, I can take an oscillator, but I can also change the shape. So you can see that just by varying the way the waveform looks, you can get a lot of different types of sounds.

16:20 LANCE: This is a square wave, which is a really recognizable sound in electronic music. It’s got a buzzy edge to it, and you can see it’s got a lot of harmonic content to it, which means there’s a lot of sines and cosines coming going out into high frequency.

16:36 LANCE: If I break that down, and just add the first sine wave, you see that the major sine wave has a period the same as the square wave, but it doesn’t sound like a square wave. Now I’ve added something at twice the frequency, it kind of looks like a molar of a tooth, but you can see it’s a lot closer to a square wave now. As I keep adding higher and higher frequency sine waves, you can hear that it’s getting to sound more and more like a square wave, and as you see the additive wave form, the sum of all those sines, is looking more and more like a square wave. So I keep going, I can hear harmonics coming up here. Here: way up high. And the higher you go, the closer and closer it gets to a square wave. And now, if you keep adding a whole bunch of them, it sounds like a square wave. Let me turn that off, because it gets annoying listening to a square wave like that. So that’s kind of a good demonstration of how sine waves and cosine waves, when you add them together in a proper way can approximate a waveform.
<table>
<thead>
<tr>
<th>Time</th>
<th>Transcript</th>
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| 17:41 | **LANCE:**  
We’re in a very exciting point in the history of electronic music, because there is so much capability. |
| 17:50 | **LANCE:**  
Moog is dedicated to expanding the sound vocabulary, giving musicians the ability to create sounds nobody’s ever heard before. So using these basic math principles, our mission is to expand the vocabulary that musicians and human beings can use to create sounds. |
| 18:13 | **Rockmore:**  
Now, that was great.  
So this really is Fourier analysis in action, right?  

**Stanhope:**  
I would love to be able to do that for a donut shape, to be able to control exactly what sounds I’m hearing. It’s wonderful to see someone who can actually produce the sounds, the frequencies, and the waveforms at the same time. |
| 18:28 | **Rockmore:**  
He really feels like he's really manipulating sines and cosines.  

**Stanhope:**  
That's great that he could give you -- give him a waveform and he can come up with a sound that fits that wave form. It's just wild. ... |
| 18:55 | **Rockmore:**  
So this discussion that we've been having is—is starting to resonate with me, for lack of a better word, and resonating back to what we talked about originally with the Greeks. So the Greeks had this mystical feeling. I mean, mystical as well as sort of, you know, sensory, that strings that were of commensurate length would sound nice together if you plucked them, okay, that they'd be harmonious. And in fact, we sort of see that mathematically, they were sort of right with this work, is that right? |
| 19:05 | **Stanhope:**  
That those frequencies are integral multiples of each other, so you’re getting a very nice progression of frequencies mathematically coming off of the string, yeah.... |
| 19:12 | **Rockmore:**  
That’s right yeah So what we are seeing here in the overtones is that we are getting multiples of frequencies, So we are actually seeing this kind of integer relation beween them.  

**Stanhope:**  
Even though the sound of a violin is coming from a much more complicated shape then a simple string, you still get to have that nice progression of frequencies. |
| 19:32 | **Rockmore:**  
With the instruments we've been folding in now a little bit of two-dimensional stuff, is that right?  

**Stanhope:**  
Mm-hmm. it's even three-dimensional -- think of interior of a violin resonating, what are the harmonics of that sort of piece of space. And for me what it would mean is just the -- there are natural ways waves propagate through that space, and they’re associated to...
frequencies, so to me the harmonics of the interior of that violin are just those frequencies of the waves that fit nicely inside the violin.

19:56 Rockmore:
Now, a musician, expert in music, could clearly hear the sounds, you know, off the violin, off the bass, and say, "All right. That one's a violin, that one's a bass," even if they were both trying to play A, for example.

Stanhope:
Mm-hmm. Absolutely.

Rockmore:
But, this very general question of you know, does the frequency content sort of identify the source is one that you've been thinking about, right?

Stanhope:
Mm-hmm, so a fun thing you can do is take a piece of paper, cut out whatever shape you want. So if you're feeling simple, you could do a square or a disc or something like that, and each of those will have their own harmonics.

20:26 Rockmore:
Okay, so I've got my scissors and I make these patterns, and now I create drums that look just like those patterns, maybe two drums like that. And so now you're telling me, or we're hoping, in fact, that what I could do is I could thwack those two drums and have a blindfold, you have a blindfold, and you say, "Oh, that one came from the circle, and that one came from the square.

Stanhope:
What you could do is you thwack each of your shapes and you write down the frequencies. So it could be an infinite list of frequencies that you're hearing, so you have that sound, and then with those frequencies, those numbers, maybe there's a hope of figuring out which shape you're working with. And you can hear things like the perimeter, so how far it is around if you were to walk around the edge of these things. And you're also lucky enough to hear the area, so you can.

Rockmore:
Well, that's totally cool, because I didn't --

Stanhope:
There's stuff you can hear. Yeah, and comes from a really careful study of basically heat analysis for that particular thing, so those are the tools involved.

21:15 Rockmore:
And going back to Fourier, the man obsessed with heat, so the idea there is that sort of imagining how heat flows on these two shapes, that knowing something about the flow on those two shapes will tell you the perimeter?

Stanhope:
Mm-hmm.

Rockmore:
Aha, so it will tell you the length around it and it'll tell you the area.
Stanhope:
Yep.

Rockmore:
And so it sort of speaks to the real title of the kind of work that you do, spectral geometry, because it's really this total mix of spectral analysis, i.e. thinking about notions of frequency, but meshing them with ideas of geometry...

21:49
Rockmore:
Now we've been working with this kind of surface, but now we could talk about a closed surface like a beach ball, for example, and you can thwack it just like that, and then there's presumably some analog of everything we've done here, right, and those are the spherical harmonics?

22:03
Stanhope:
Yep, yep. So one I like to imagine is if you have a sphere and it pinches in along the waist and kind of stretches out as it oscillates, so it's kind of going up and going out again, going up and going out. So spheres oscillate. That's perfectly fine. They have ways that they'll prefer to oscillate.

22:16
Rockmore:
And these spherical harmonics, that people are now using those things to basically try to understand what the universe sounds like so that there's this cosmic microwave background which is vibrating throughout the entire universe and then understanding that in terms of its harmonics ends up being a deep question related to cosmology and the big bang.

22:39
Stanhope:
Yeah, and at the small scale you could use the spherical harmonics to understand how electrons move between energy shells in an atom, for example, so you have orbitals that also use the harmonics of a sphere.

Rockmore:
so we have strings, but not quite string theory.

Stanhope:
No.

Rockmore:
But then we go from electrons, right, and we sort of stop at musical instruments and then we proceed out to the universe, right?

Stanhope:
Mm-hmm, yep.

Rockmore:
And it's all harmonics.

Stanhope:
Yep, it's all there.

Rockmore:
Totally cool.

Stanhope:
Yeah, it's really cool.

Rockmore:
Thanks, Liz.

Stanhope:
Yep, thank you.

23:06 HOST (V.O.)
The Greeks's idea of the music of the spheres, the idea that there must be some connection between music and the workings of the heavens, was based on the mystical numerology of philosophers like Pythagoras. Ironically, even though their explicit declarations of rational orbits analogizing the relative lengths of harmonious strings was wrong, their instinct was correct. While there isn't really a music of the spheres, there is a song of the Universe. A steady hum - one that you hear no matter where you turn your ear, or, rather, your microwave detector. That's what Robert Wilson and Arno Penzias discovered in the mid-1960s at Bell Labs. They aimed a radio antennae at the sky and noticed that no matter where they pointed it they received the same steady microwave signal - which sounded like static. With the help of some Princeton physicists they realized that this wasn't any old static, rather it was very likely to be the spectral remnants of the Big Bang - the leftover vibrations from that initial explosion of densely packed energy that presumably gave us our Universe. For this discovery of the Cosmic Microwave Background, Penzias and Wilson received the Nobel Prize in Physics in 1978. The connection to music lies in Fourier analysis, or more properly, Fourier analysis as it is created in the setting of a sphere which is how we analyze the microwave background. Fourier analysis as we've been describing it is about periodic functions – those regularly repeating patterns in time. Fourier showed that these could be broken up into sinusoids of different frequencies. On a sphere, rather than sinusoids, spherical symmetry leads to functions called the "spherical harmonics," discovered by the great French mathematician Pierre Simon Laplace. The secret to the origins of the Universe may very well lie in the highest frequency harmonics of the cosmic microwave background. The analogy between the sinusoids and the spherical harmonics is very precise. Whereas the sinusoids end up being the solutions of the wave equation on a line, the spherical harmonics work for a wave equation as defined on a sphere. Sinusoids describe waves on a string, and the spherical harmonics, describe waves on a ball.

25:22 HOST
As the Greeks contemplated the mathematics of music, their ideas went beyond the mere creation of sound that pleases the ear -- to a model of the outer reaches of the cosmos, where the stars, the sun and the planets were thought dance in harmony to the beat of an inaudible "Music of the Spheres."

26:21 HOST
Today we know that this mathematics of sound goes far beyond sound waves. We have discovered that there are many different kinds of waves, waves that vibrate in purely mathematical worlds and waves that surround us in our world – some which we can perceive directly, and others that we can only detect with technology the Greeks never
| 26:50 | CLOSING CREDITS |
---|---|
could have imagined. All unified by mathematics.